

Vegetarian Lunch & Dinner Meal Prep - Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast							
Lunch	<i>2nd Portion of Previous Saturday's Dinner</i>	<i>2nd Portion of Previous Sunday's Dinner</i>	Coconut Curry with Rice	Tortilla Soup	Stuffed Peppers and Salad	Lentil Stew and 5 Minute Bread	Nachos
Dinner	Coconut Curry with Rice	Tortilla Soup	Stuffed Peppers and Salad	Lentil Stew and 5 Minute Bread	Nachos	<i>Freezer Meal</i>	<i>Freezer Meal</i>
Snacks							