

Vegetarian Lunch & Dinner Meal Prep - Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast							
Lunch	<i>2nd Portion of Previous Saturday's Dinner</i>	<i>2nd Portion of Previous Sunday's Dinner</i>	Eggplant Parmesan	Bourbon Cashew & Broccoli	Southwest Penne	Split Pea Soup	Ricotta Pesto Veggie Pizza
Dinner	Eggplant Parmesan	Bourbon Cashew & Broccoli	Southwest Penne	Split Pea Soup	Ricotta Pesto Veggie Pizza	<i>Freezer Meal</i>	<i>Freezer Meal</i>
Snacks							