

Vegetarian Lunch & Dinner Meal Prep - Week 4

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast							
Lunch	<i>2nd Portion of Previous Saturday's Dinner</i>	<i>2nd Portion of Previous Sunday's Dinner</i>	Refried Bean and Cheese Enchiladas	Baked Potato Bar	Burrito Bowls	Spaghetti (with salad)	Spicy Peanut Noodles and Broccoli
Dinner	Refried Bean and Cheese Enchiladas	Baked Potato Bar	Burrito Bowls	Spaghetti (with salad)	Spicy Peanut Noodles and Broccoli	<i>Freezer Meal</i>	<i>Freezer Meal</i>
Snacks							